

Menus

School: Colona Grade School

Academic Year: 2018-19

Meal: Breakfast

Month: November 2018

November				
M	Tu	W	Th	F
29 Cinnamon Roll Yogurt Pineapple Milk H.S. No School	30 Sausage on a Stick w/Syrup Peaches Milk	31 Breaded Scrambled Brains Dried Up Bugs Spider Eggs Good For the Bones Breakfast Bar Bug Grahams Grapes Milk	1 Bagel w/Cream Cheese Sausage Patty Pears 1/2 cup Fruit Punch Milk	2 Donuts with Dad 7:30- 8:20am Cereal Graham Cracker Mixed Fruit 1/2 cup Orange Juice Milk
5 Muffin (Blueberry, Choc. Chip) Go-Gurt Pineapple 1/2 cup Grape Juice Milk	6 French Toast w/Syrup Sausage Links Peaches 1/2 cup Apple Juice Milk	7 Pizza Bacon Scramble Yogurt Mixed Fruit 1/2 cup Orange Juice Milk	8 Scrambled Eggs English Muffin w/Jelly Pears 1/2 cup Fruit Punch Milk School Board Meeting @ 6:30pm	9 Cereal Graham Cracker Banana Milk H.S. No School
12 Pop Tart Go-Gurt Pineapple 1/2 cup Grape Juice Milk H.S. No School	13 Pancakes w/Syrup Sausage Links Peaches 1/2 cup Apple Juice Milk	14 Breakfast Bar Animal Crackers Applesauce 1/2 cup Orange Juice Milk	15 Biscuit & Gravy Egg Patty Pears 1/2 cup Fruit Punch Milk	16 Cereal or Oatmeal English Muffin w/Jelly Mixed Fruit 1/2 cup Grape Juice Milk
19 Choc. Chip Oatmeal Bar Yogurt Pineapple 1/2 cup Fruit Punch Milk	20 Cereal Graham Cracker Apple Slices Milk	21	22	23
26 Sausage on a Stick w/Syrup Pineapple 1/2 cup Apple Juice Milk	27 Waffles w/Syrup Sausage Links Peaches 1/2 cup Orange Juice Milk	28 Pizza Bacon Scramble Go-Gurt Applesauce 1/2 cup Fruit Punch Milk	29 Bagel w/Cream Cheese Sausage Patty Pears 1/2 cup Grape Juice Milk	30 Cereal or Oatmeal English Muffin w/Jelly Mixed Fruit 1/2 cup Apple juice Milk