

Menus

School: Colona Grade School

Academic Year: 2017-18

Meal: Breakfast

Month: November 2017

November				
M	Tu	W	Th	F
30 Muffin (Blueberry, Banana Nut, Choc. Chip) Yogurt Fruit Punch Milk No. H.S.	31 Pancakes (Maple, Strawberry) Sausage Links Mand Oranges Milk	1 Pizza Bacon Scramble Mini Blueberry Muffin Pineapple Milk	2 Bagel (Plain) w/ Cream Cheese Sausage Patty Peaches Milk	3 Cereal (Cocoa Puffs, Apple Jacks, Lucky Charms) Gripz Strawberries Milk Donuts with Dad 7:30-8:20
6 Cinnamon Roll Go-Gurt Apple Milk	7 Sausage on a Stick w/Syrup Mixed Fruit Milk	8 Breakfast Bar Mini Blueberry Muffin Pears Milk	9 Breakfast Sandwich (english muffin, egg, sausage, cheese) Applesauce Milk	10 Cereal (Cocoa Puffs, Froot Loops, Lucky Charms) Graham Cracker Raisins Milk
13 Breakfast Burrito Yogurt Apple Juice Milk	14 French Toast w/Syrup Sausage Links Mixed Fruit Milk	15 Pizza Bacon Scramble Mini Blueberry Muffin Pears Milk	16 Bagel (Plain) w/ Cream Cheese Sausage Patty Applesauce Milk	17 Cereal (Cocoa Puffs, Froot Loops) or Oatmeal English Muffin w/Jelly Banana Milk
20 Pizza Bagel Go-Gurt Orange Milk	21 Cereal (Cocoa Puffs, Cinn. Toast Crunch, Lucky Charms) Graham Cracker Fruit Punch Milk Early Dismissal 11:25	22	23	24
27 Pop Tart (Cinnamon or Strawberry) Yogurt Strawberries Milk No H.S.	28 Waffles (Maple or Blueberry) w/Syrup Sausage Links Mixed Fruit Milk	29 Breakfast Bar Mini Blueberry Muffin Pears Milk	30 Bagel (Plain) w/ Cream Cheese Sausage Patty Applesauce Milk	1 Cereal (Cocoa Puffs, Cinn. Toast Crunch) or Oatmeal English Muffin w/Jelly Grapes Milk